

# MOVEMENTS OF THE SOUL

## *Restoring The Flow Of Love*



*Annie Block Pearl, M.S.*

### Systemic and Family Constellations

Based on the work of Dr. Bert Hellinger  
facilitated by Annie Block Pearl

The **Systemic and Family Constellation** work of **Bert Hellinger** allows us to look at how events that occurred in past generations impact our life experience in the present. Hidden systemic or family dynamics may create imbalance or disharmony in the family “field”, and these disturbances may lead to illness, depression, suicides, relationship difficulties, accidents, or career problems in the present. We discover the nature of these hidden dynamics by setting up constellations using representatives to stand in the place of system and/or family members, living or dead. When these constellations are set up authentically, through listening deeply within and following the movements that arise from that listening, they reveal the true disharmony affecting the client. A constellation that moves towards the restoration of balance and order evolves from this first constellation.

Participating as an observer or representative is often as valuable as creating one’s personal constellation. Our temporary workshop community provides a safe place for the soul shifts that often occur when all parts of the family system are acknowledged and given their rightful places. Everyone, both participant and observer, taps into the information that exists in the field and may benefit from the knowledge.

**ANNIE BLOCK PEARL, M.S.**, is an Integrative Therapist and teacher, practicing energy-based therapies in New York City. She is a graduate of the Hellinger Institute USA and has completed advanced training with the International Bert Hellinger Association in Germany. Annie facilitates monthly workshops and uses this work in her private practice.

Monthly Workshops And Individual Sessions  
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